

# The 50 Shades Pledge

I reject the lies of 50 Shades of Grey that violence, humiliation, and manipulation are acceptable ways of treating other people.

I reject the lie that it is ok to let others hurt me for their own pleasure. Consent does not make what is always wrong, right.

Bondage, sadomasochism, and all its related behaviors are forms of violence. I will not degrade my humanity by engaging in such behaviors or allowing them.

I affirm that I have been created with value and human dignity, and I deserve to be treated with respect.

I will treasure self-respect and confidence in myself and in others.

I affirm that genuine love is always kind and strives only for the good of another person.

I will not be silent. I will speak to my friends and loved ones about the dangers of 50 Shades of Grey.

I will encourage others to join the **50 Shades Take The Pledge Campaign**.

I make this pledge knowing this is the path to strength, freedom and true love.



(Click to sign.)

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Signature

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Date

