

Links and Resources

How to talk to your teens:

Dr. Miriam Grossman MD

“Parental Survival Guide to Fifty Shades of Grey” - Part 1

“Fifty Shades of Grey: The Danger to Your Daughter” - Part 2

“More Danger to Your Daughter” - Part 3

“The Danger to Your Son” - Part 4

“How to Talk to Your Child About Sadomasochism” - part 5

“A Letter to Your Child” - part 6

<http://www.miriamgrossmanmd.com/blog/>

The harmful effects of porn:

Brain science has proven that neurons that fire together, wire together. Just like other addictive substances, porn floods the brain with dopamine. That rush of brain chemicals happening over and over again rewires the brain's reward pathway, ultimately changing the make-up of the viewer's brain. This can result in an increased appetite for porn.

<http://fightthenewdrug.org/#sthash.6S47WVxo.dpbs>

http://www.drjudithreisman.com/archives/SoftPorn_Plays_Hardball.pdf

<http://www.50shadesthepledge.com/wp-content/uploads/harmful-to-minors.pdf>

<http://www.50shadesthepledge.com/wp-content/uploads/last-breath.pdf>

How to break free from porn addiction:

<http://store.fightthenewdrug.org/collections/books>

Additional resources:

http://www.drjudithreisman.com/archives/2013/03/50_shades_of_gr.html



50 Shades: The Pledge